

# RAPID FIRE

FIELD HOCKEY



**Beginners  
Welcome!**

Presents  
Developmental Field Hockey Clinic  
Instruction and Supervised Turf Play  
at

**Indoor Sports Pavilion**  
16 West Hanover Avenue  
Randolph, NJ 07869  
[www.indoorsportspavilion.com](http://www.indoorsportspavilion.com)  
973-895-4007



**Winter  
Field Hockey  
Clinic!**

Saturdays  
December 5, 2009 – February 6, 2010  
(No Sessions on 12/26/09 & 1/2/10)  
11:00 AM – 1:00 PM

All participants receive a complimentary Rapid Fire t-shirt with registration.

8 Weeks of Training for \$350.00

Players are grouped according to ability/skill level. Clinicians will include experienced coaches from the Rapid Fire coaching staff. The elite staff consists of former Collegiate Head Coach -- Leslie LaFronz and Olympian/Kenyan National Team Coach and Player -- Victor Ochieng.

Players must come equipped with sneakers or turf shoes, a mouth guard, shin guards and stick.

Name \_\_\_\_\_ DOB \_\_\_\_\_ Age \_\_\_\_\_ Grade \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Home \_\_\_\_\_ Cell \_\_\_\_\_ email \_\_\_\_\_  
Emergency Contact \_\_\_\_\_ Emergency Contact # \_\_\_\_\_ Relationship \_\_\_\_\_

**Level:** Beginner \_\_\_\_ Intermediate \_\_\_\_ Advanced \_\_\_\_

**Position:** Forward \_\_\_\_ Midfield \_\_\_\_ Defense \_\_\_\_ (There is no Goalie Specialist Coach at this site)

**AGES:** 5<sup>th</sup> Grade to High School      Loaner Sticks Available Upon Request – Check Here: \_\_\_\_

**T-Shirt Size:** Small \_\_\_\_ Medium \_\_\_\_ Large \_\_\_\_ X-Large \_\_\_\_

REGISTER ONLINE or  
MAKE CHECKS PAYABLE  
AND MAIL TO:

Rapid Fire Field Hockey  
C/o Indoor Sports Pavilion  
16 West Hanover Avenue  
Randolph, NJ 07869

**For further information contact:** Leslie LaFronz  
llafronz@verizon.net  
201-825-7583



Registration must include an Indoor Sports Pavilion waiver.